



Compliance

TODAY

December 2016

A PUBLICATION OF THE HEALTH CARE COMPLIANCE ASSOCIATION

WWW.HCCA-INFO.ORG

Safeguarding federal health programs and their beneficiaries

an interview with **Robert K. DeConti**
Assistant Inspector General for Legal Affairs
Office of Inspector General
United States Department of
Health and Human Services

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Medicare overpayment final rule: Guidelines for avoiding FCA liability

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Drug diversion in healthcare facilities, Part 3: 340B drug diversion and its impact

Erica Lindsay

by Nancy J. Beckley

Colorfy me compliance

Nancy J. Beckley (nancy@nancybeckley.com) is President of Nancy Beckley & Associates LLC, a rehab compliance consulting firm in Milwaukee, WI.

[in](#) /in/nancybeckley [t](#) @nancybeckley [+](#) +NancyBeckley

Coloring therapy for compliance officers is now available on your mobile devices. Unlock your inner compliance self and reduce your job stress. After all, it was at the 2012 Compliance Institute where we learned that compliance officers were stressed! Hardly a secret, even OIG Dan Levinson addressed it in his keynote that year. Coloring for adults is all the rage this year. Front tables of the local bookstore are covered with adult coloring books to suit a variety of interests.



Beckley

Remember the “paint by number” kits? They came with the subject outlined and diagramed in light blue with appropriate numbers matched to little pots of oil paint. With the Colorfy app, there is no muss, no fuss, and no oil paints required. Don’t like the colors you picked? Simply erase and select new colors.

Download Colorfy at the App Store, Google Play, or Amazon. Do you like animal pictures? How about florals? For the ultimate in Zen, try a mandala (a geometric figure that according to Wikipedia, “represents the cosmos metaphysically or symbolically; a microcosm of the universe”). Start by opening up the library and select your category, including famous, messages, cats (but no dogs?), oriental, exotic, places, and zodiac signs. Click on the Create button and see the free Image of the Day for downloading (warning, you have to watch an ad). There is an option to color now or color later. There

are premium features to the site, but you’ll have an opportunity to take a free trial before you commit. As you start coloring and scroll through the color palettes, you’ll notice there are new palettes to download, as well as voting for upcoming palettes. You will get notifications if someone likes your work. When you are finished, you’ll have an opportunity to add filters and then finally to share via Message, Instagram, email, Facebook, Pinterest, or Twitter.

Then open the app, select a picture, pick your colors, and plot your strategy.

You may want to get some ideas from Instagram (colorfyapp) or Facebook (colorfyofficial). Then open the app, select a picture, pick your colors, and plot your strategy. For the ultimate in relaxation, your favorite yoga poses may be in order to frame your mindset as you contemplate your design, maybe even imagining a kaleidoscope in action as you twist and turn the colors and shapes. Light up your favorite incense to add to the ambiance.

What’s your cosmos? I’ll be looking for your share on the HCCA Facebook page:

facebook.com/HCCA.

1. HCCA CI 2012 General Session Panel: “Compliance Officer: Stress, Sanity and Sensibility” video. Available at <http://bit.ly/1HbFW4T>
2. HCCA CI 2012 Keynote address by Inspector General Daniel R. Levinson. Available at <http://bit.ly/2eC8AV0>